



Cycling Merit Badge



Annawon Council will be offering The Cycling Merit Badge in the Spring of 2015

This merit badge is open to all scouts 13 years old and older.

Cycling requires a certain amount of physical fitness and endurance.

Scouts planning on completing the merit badge should begin practice rides now.

Try to ride at least 20 miles a week to prepare.

Safety will be the main focus of this merit badge class!

Parent / Guardian participation strongly encouraged (as riders or in support vehicle)

Tentative Schedule

Warm-up Rides	March 27	5:30 to 8:30	Bike inspection / permission slips / review requirements / homework (all rides will occur in Norton and the surrounding towns)	
	April 4	9:30 to 1:30	road test / 15 mile ride	
	April 18	9:30 to 2:30	15 mile ride / bag lunch / 10 mile ride	
	April 25	9:30 to 2:30	25 mile ride / bag lunch	
	May 9	9:30 to 2:30	25 mile ride / bag lunch / 10 mile ride	
Make-up Rides				
	May 16	9:30 to 2:30	Make-Up Rides	25 mile ride / bag lunch / 15 mile ride
50 Mile Ride				
	May 23	7:30 to 4:30	50 mile ride	
	May 30	7:30 to 4:30	50 mile ride (Alternate Date)	

- The class size will be limited to 12 scouts.
- All scouts must provide a suitable bike that will allow the scout to ride 50 miles.
- Scouts participating in the merit badge will be responsible for their own equipment and safety at all times.
- Scouts can ride any kind of bicycle, but a full size bike with gears is best!

Sign up at: <http://www.annawonbsa.org/event/1595105>

Last Day to Register 3/20/15

Required Documents: Health Form - part A and B; Activity Consent Form (Both available at www.annawonbsa.org)

More Information contact: David Denham Troop 12 denim2@aol.com