

Cub Scout Olympics!

Leaders Guide



Cardinal District Cub Family Campout

October 20-21, 2012

Cub and Webelos Adventure Camp

Goochland, VA

Cub Scout Olympics!

Cardinal District Cub Family Campout

October 20-21, 2012

To All Cub Scouts and Families:

Welcome to the Great Cardinal District's Cub Family Campout! The Cub Scout Olympics staff has worked hard to provide you, the Cub Scout Family, with an enjoyable and safe family camping experience. Set against the backdrop of the beautiful fall season and the Cub and Webelos Adventure Camp section of the Heart of Virginia Council's Reservation in Goochland County, the Cub Scout Olympics is an event you won't want to miss!

The Cub Scout Olympics is a time for families to spend time together camping, enjoying the great outdoors, participating in fun activities, and enjoying the evening show. Camping is optional, but highly recommended. While having fun, the participants will meet the cub requirement to have a family outing and a campout

Attendees may come as a family or as part of a pack. They may attend the Saturday events only without having to camp.

On-line registration is on the district website at www.cardinaldistrict.net.

To have a safe, fun and successful event, the family or leader of each unit needs to review this Leaders Guide which contains basic information and tips to help in your planning.

If you have any questions or concerns, please contact us.

Thanks and have a *great* time at the Cub Scout Olympics!

Bob Efird
Event Chairman
Befird28@aol.com
804-740-2447

Table of Contents

Event Information	4
Housing	5
Facilities	5
Advancement	5
Camping Information	5
Cooking	5
Campfires	6
Vespers	6
First Aid	6
Health Forms	6
What to bring	7
Patches and T-Shirts	8
Uniforms	8
Leaving camp	9
Rules of Event	9
Check-in	10
Parking –Vehicles in Camp	10
Check out procedures	11
Schedule	12
Registration	13
Worksheet	14

Event Information

2012 is an Olympic year, so what better theme for the Cub Family Campout than “Cub Scout Olympics!” Come prepared to participate in some competitive, sporting events and to have FUN!

Activities will start at 12:30 PM throughout the Cub and Webelos Adventure Camp.

These activities are open to all Cub Scouts from Tigers to WEBELOS. You may visit these stations as many times as you want. Here is a current list (subject to change) of activities for the Cub Scout Olympics:

- **BB's**
- **Archery Range**
- **Sling Shot**
- **Fishing**
- **Tug of War**
- **Fencing**
- **Golf**
- **Target Throwing**
- **Leatherwork**
- **Frisbee**
- **Dodgeball**
- **Obstacle Course**

Fishing Derby — Who can catch the biggest fish?

- Cub Scouts are not required to possess a Virginia Fishing License;
- However, any participant over 16 years old is required to possess a Virginia Freshwater Fishing License.
- A parent must accompany Cubs at all times while fishing
- **Bring your own favorite fishing rod** and bait to the fishing station.
- Rods/reels will be available for use by Scouts if you do not bring your own.
- The winner will be announced at the evening campfire.
- **TIP – Bring your fishing pole** and bait (bread, corn, live, etc.) and fish as early

as you like. Remember to register for the derby at the Fishing Station and use a gallon zip lock bag available at the fishing station to keep your catches alive

Trading Post - All sorts of “Scout Stuff” will be available for purchase along with soft drinks and snacks.

Evening Campfire and Awards Ceremony - If you thought you had fun during the day, just wait until you see the evening show! Don’t miss it!

Advancement

There will be many activities that will qualify the cub scouts and webelos for belt loops and advancements. The camp staff will not be signing off on the requirements. It is the responsibility of the unit leader to sign off on their scout’s requirements.

Housing

If you wish to spend the night, you will need to provide your own camping equipment.

You will receive your camping area assignment when you check in.

Facilities

Restroom facilities include bathrooms, Port-a-potties or Latrines.

Because there are only 18 regular bathrooms in camp, **showering will be limited!**

Water will be available throughout camp.

Camping information

At check-in you will receive the area assigned to your family or Pack for camping.

Camping Rules:

- Tent trenching is not allowed
- Open flames in tents are prohibited. Please use flashlights within tents
- Follow the cooking and campfire rules

Campers are responsible for the following:

- Water for drinking, washing, cooking, & cleaning up
- All meals
- Trash removal from camp. Bring plenty of trash bags.
- Campsite cleanup to include firewood removal from fire stands and campsites
- Camp safety and adherence to BSA policy found in “Guide to Safe Scouting”
Note: a copy of BSA Guide to Safe Scouting can be found at www.scouting.org.

COOKING/MEALS

No meals will be provided. Attendees will be responsible for their own meals.

Cooking is to be done on propane stoves. If charcoal is used, please bring an elevated grill and use the self-starting charcoal. White gas stoves are not allowed per the Guide to Safe Scouting.

Drinks and snacks will be available at the Trading Post.

In Goochland, about 15 minutes from camp, there is a Food Lion and other local stores.

Campfires

- Permitted in permanent fire rings or in raised fire stands, conditions permitting.
- Firewood must be obtained within Cub and Webelos Adventure Camp. (This is to prevent the spread of insects that effect trees.)
- A campfire has to be monitored at all times by adults until the last embers are out.
- A container with water must be beside a fire at all times
- NOTE: WEATHER CONDITIONS AND FIRE REGULATIONS MAY CANCEL ANY OPEN FIRES

Vespers

An interfaith service will be held at the chapel area at 8 AM Sunday morning. This service is conducted because of the importance Scouting places on “a Scout is Reverent” within whatever belief in God the scout chooses

First Aid

A first aid station will be located at the camp headquarters and staffed with licensed medical personnel.

If a member of your family starts to feel ill, please come to the first aid station to be checked. This is to prevent the spread of any possible infection.

Health Forms

Upon arrival at camp, all attendees must present a completed BSA Parts A and C. There must be two (2) signatures on the last page.

Do not bring the original health form with you. Always bring a copy.

Every member of every family must have a health form with them in order to enter camp.

What to bring

PERSONAL GEAR

Bag Lunch for Saturday	Extra Socks
Sleeping Bag/Pillow/Cot/Air Mattress	Change of Clothes
Rain Gear (watch the forecast!)	Warm Jacket
Light Shoes/Light Hiking Boots	Personal Wipes or Towelettes
Toiletry items	Personal Cup
Hat	Bug Repellant
Sun Screen	Towel, Washcloth
Flashlight & Extra batteries	

CUB SCOUT GEAR

Handbooks
Class A Uniforms for Scouts and Registered Leaders

CAMPING GEAR

Tent	Camp Lantern (optional)
Ground Cloth	
Stakes/Stake Driver	Folding Chairs
Extra Light Rope	Water Cooler
Trash Bags	

ACTIVITY GEAR

Fishing Gear

DO NOT BRING -- ACTIVITY GEAR --

No Bikes
No ATV's
No Small water craft
No Knives without direct adult supervision at all times (adults no sheath knives)
No hatches or axes (guide to Safe scouting for Cub Scouts)
No Fire Arms or fireworks
No Bow or arrows

PACK GEAR (if you come as a Pack)

Record Book for Advancement	
Pack and American Flag	Den Flags
Song/Skit/Cheer Books	Skit Props

COOKING GEAR

Folding Tables	Folding Chairs
Tarp/poles/stakes/rope	
Cooking Utensils	
Propane/Coleman Fuel Stove or Charcoal Grill (Self-Starting Charcoal)	
Fire Extinguisher	
First Aid Kit	

Patches and T-Shirts

PATCHES will be distributed as you check out. This allows administration to keep an accurate list of who is in camp.

T-SHIRTS need to be ordered by 5 pm October 9, 2012. They may be ordered on-line.

T-shirt pick-up will be at registration. Families who are coming as a Pack are requested to combine their orders and have one representative pick up their order.

When the T-shirts are picked up, please check the sizes and condition of the shirts. There will be no exchanges once you leave the T-shirt area.

A limited supply of T-shirts will be placed on sale after 1:00 PM and may be purchased at the camp trading post.

Uniform

- **YOUTH** - The official uniform for this event for Cub Scouts and Webelos Scouts is as follows: blue Cub shirt or the tan Webelos shirt. The event T-shirt may be substituted.
- **ADULT LEADERS** - Registered adult leaders are to wear the Official Scout Uniform. Wearing the complete uniform is encouraged. Event T-shirt is optional.

Leaving Camp during the Event

If an attendee has to leave camp for any reason, they must sign out at the administration office. Upon returning, they need to sign back in.

Safety requires that administration knows who is present at all times.

Rules of Event

- Pets are not permitted on any camp property during the duration of this camp event. Service animals will be permitted, but must be discussed in advance.
- No sheath knives (this includes adults).per Guide to Safe Scouting.
- Being a Cub Scout event, the “Guide to Safe Scouting” says: camp saws or hatchets are not permitted.
- Open flames in tents are prohibited. Please use flashlights within tents.
- Utilize propane fuel for cooking. Liquid fuels, such as charcoal starter, or “white gas” are not permitted in camp, nor is propane allowed in tents. However, “Coleman” type cook stove fuel is allowed when used by adults and stored with caution. Where charcoal is used, please use self-starting brands.
- Firearms and fireworks are not allowed in camp.
- Radios and electronic devices are strongly discouraged. The staff uses the same type of radios that you have and if we can’t communicate when there is an issue, safety may be jeopardized. Remember the life you save might be your own.
- Alcoholic beverages and illegal substances are never permitted on camp property. Offenders and their families will be asked to leave the council property
- Secure and store foods to prevent attracting little furry friends.
- All trash/refuse must be removed when you leave camp. Please bring plenty of trash bags.
- All campers are to stay in the boundaries of the camp. We do not want scouts wandering away from camp.
- No swimming allowed in the lakes.
- Please utilize the Buddy System with your scouts and family members
- Please respect others during Lights Out (10:00PM). Scouts are not allowed out of

their sites after lights out with the exception of to and from the latrine.

- Bicycles are not allowed.
- ATV's are not allowed.
- Watercraft of any size are not allowed.

Check-in

Check-In will begin at 8:00AM on Saturday at the registration area.

To speed up the check-in process, we recommend that each Pack gather all their families and information together. Checking in as a Pack will speed up the process.

Check-in will have the following areas:

- Registration verification
Families or Units should have a finalized roster of all attendees filled out. Please see attached form at the end of this guide.
- Payment verification
Please bring a copy of your payment verification with you
- Health form verification
-- To speed up this area, everyone should have a copy of their Health Form
- T-Shirt pickup
Please have copy of order forms with you. Check the quantity, size and quality of your shirts before leaving this area.
- Camping area
Camping areas will be assigned by the Pack that you are registered with. You will receive a map designating your area.
- Car in camp pass
--THE NUMBER OF CARS ALLOWED IN CAMP DURING SETUP IS LIMITED.
--If the attendees are coming as a unit, please combine gear into a few cars.
- When you arrive at camp, we will give out a car pass which allows you to drive to your campsite. When you arrive near your camping site, immediately unload all your gear and return to the parking lot.
--There is a limited number of car passes, so please return the car pass as soon as possible to the registration area.
--NOTE: ALL CARS MUST BE OUT OF CAMP BY 12 NOON. FOR SAFETY REASONS, ACTIVITIES WILL NOT START UNTIL ALL CARS ARE IN THE PARKING LOT.

Parking – Vehicles in Camp

- Vehicles are only allowed in camp with an Event Car Pass. There are a limited

- number of these. Please unload your vehicle quickly and return the pass.
- Vehicle Speed – Drivers must exercise EXTREME caution when operating motor vehicles on camp property. **IN-CAMP SPEED LIMIT IS 5 MPH** or the speed of a walking person
 - Passengers are not allowed to ride in back of pickup trucks.
 - All roads must remain open for Emergency Vehicles at all times
 - All vehicles are required to be in the designated parking lot by 12 Noon so activities may start.
 - Cubs will have fun in a vehicle-free environment.

SHUTTLE: At 11AM, the camp gate will be closed. Campers arriving after 11:00 AM will have their gear taken to their campsite by a shuttle tractor/trailer. You may bring a cart, wheelbarrow, or wagon to transport your gear to your campsite.

TRAILERS: Units will be allowed to leave trailers in their campsites prior to 11:00 AM. Please be sure the trailer wheels are chocked.

HANDICAPPED PARKING - Requests for special parking passes for medical conditions will be made on a case-by-case basis. Special passes must be requested in advance and will be issued on the day of the event. Every reasonable effort will be made to accommodate those with physical disabilities or special needs.

Activities will began when all vehicles are out of the camping areas, parked, and secured in the designated parking area.

Check-out Procedures

- After Vespers and Breakfast on Sunday morning:
1. Pack up all gear
Bag all your trash
Get ready for pickup
 2. Adult representing your family or Pack goes to registration area
-- Receives patches
 3. Staff member will check you out of your area, while awaiting your vehicle.
 4. Load your vehicle quickly
 5. Drive safely!

THANKS FOR YOUR ASSISTANCE ON a SAFE AND QUICK CHECK- OUT

Cub Scout Olympics Schedule

Saturday – Oct. 20

8:00 AM	Check-in	Registration Area
8:00-until	Establish Camp	Assigned Campsites Areas
11:00 AM	Vehicle Gate Closes	
11:30 AM	Leaders Meeting	Handicraft Lodge
12:30 – 4:30	Activities Open	Designated Activity Areas
5:00 – 7:00 PM	Camp Time - Dinner	Unit Campsites
7:15 – 8:30 PM	Evening Show	Amphitheatre
8:30 – 10:00 PM	Pack Time and Campfires	Unit Campsites
10:00 PM	Lights Out – Quiet Time	

Sunday – Oct. 21

6:30 – 8:00 AM	Camp Time/Breakfast	Unit Campsites
8:00 AM	Vespers	Chapel Area
8:30 AM	Vehicle Gates Open	
8:30 AM - until	Check out	Registration Area
9:00 AM - until	Camp Clean up/Inspection	Unit Leaders and Camp Staff
NOON	Camp Officially Closed	



Cub Scout Olympics

REGISTRATION

Registration is online at the Cardinal District website at www.cardinaldistrict.net. Click on the calendar on the left.

The first 1800 registrations will be accepted.

Registration closes October 15, 2012 at 11:59 PM or 1800 attendees whichever ever comes first.

The cost of the event is \$10.00 per person. If a sibling is 5 or younger, they attend free. This fee covers admission to all the events and a patch for all attendees.

Attendees may register as family units or as a pack. However, we highly recommend and prefer that a Pack registers as a unit. It will speed up the check-in procedure.

Family Registration: Please register each person attending the event. We need an accurate list of who is on property at all times.

Pack Registration: A unit may register everyone at once, but we need the name and address of everyone for insurance purposes.

The list of attendees will be sorted by pack and assigned to a camping area by pack. This allows each family of a unit to do their own registration on-line. The pack does not have to register all their families together; however we highly recommend and prefer it.

Please use this worksheet as you prepare to register online.

